

APPLIED ECONOMICS RESEARCH CENTRE

"Institute of National Capability in Applied Economics"
UNIVERSITY OF KARACHI





Why Book Club?

What is a Book Club?

Where Do Book Club Meet?

How to Join?

Benefits of Reading Books

Choosing Books

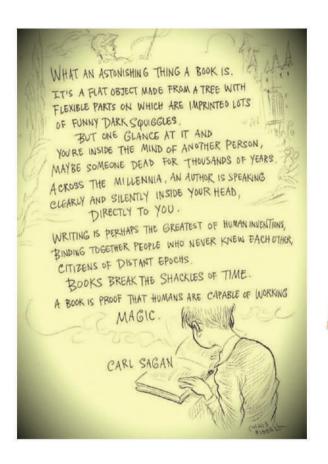




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- It Gives You a Push to the Finish
- Decreases Stress
- Gain New Friends and Get involved with the Book readers
- Gain New Perspectives
- Boosts Teamwork Skills
- Better Your Own Writing Skills



Why do we read?

To know what's happening around us

- · To understand the subject matter
- To boost / enhance our imagination
- · To increase power of judgement
- · To imbibe ethical / cultural values
- · To cultivate social sense
- · To understand human life / mind
- To experience / experiment new thin

Why Book Club?

Applied Economics Research Centre (AERC), University of Karachi launching a Book Club to inculcate book reading habit in its students and provide incentive to adopt a positive approach to acquire knowledge by reading books from diversified disciplines and spheres other than text books of their field.

Primarily, the purpose of the Book Club / Reading Club is to create an opportunity for students and other people to become enthusiastic and enthralled with the wonderful world of literature. By organizing a reading group it allows people to share the various subjective illusions and opinions generated.

When I was in the sixth grade, we had what our teachers would call 'literature circles. To some students, they were forced book clubs where you had to read the entire book (grueling work for some), make notes, and then gather together to discuss the plot, characters, and themes. To me, a shy, new-to-the-school student who read more than I spoke, these literature circles were my domain.

This was where I could actually speak without being frightened of saying the wrong thing. This was where I learned how my other classmates thought about themes in books, characters' decisions, and the tangled webs of plotlines within some of these books. It was also where I first got a taste of what book clubs were like, squeezed between a classmate who used her book to hide her report card from her parents and another classmate who liked to use his book as a makeshift desk pillow.

And although to this day I haven't joined an official book club, I've recognized the benefits that come from discussing literature and knowledge in a group.

Prof. Dr. Samina Khalil

Director Applied Economics Research Centre University of Karachi November, 2019

What is a Book Club?

A book club is a reading group, usually consisting of a number of people who read and talk about books based on a topic or an agreed-upon reading list. It's common for book clubs to choose a specific book to read and discuss at the same time. Formal book clubs meet on a regular basis at a set location. Most book clubs meet monthly in order to give members time to read the next book. Book clubs can be focused on literary critique or on less academic topics. Some book clubs are focused on a certain genre, such as romance or horror. There are even book clubs dedicated to a particular author or series. Whatever reading material you prefer, if you can't find a book club why not have your own book club of the AERC, University of Karachi.



How to Join?

It's common for groups of friends who enjoy reading to join book club, but if your friends aren't the literary type you can contact AERC Book Club Coordinator and fill out a membership form. AERC Website shows all the required information and is also a great place to search for names and contacts of other book lovers and name of new and interesting books in your field of interest.

Where Do Book Club Meet?

AERC, University of Karachi, will hold Book Club meetings regularly either monthly or bimonthly. The members will be informed through email about the day and time of the meeting. All members need to register themselves by filling out the standard Book Club membership form.

Choosing Books

The moderator (Director AERC) of the Book Club will inform all members about the chosen book to be discussed a head of scheduled time. Members are welcome to suggest any book which they deem worthy enough to be included for discussion in the Book Club Meeting.

Benefits of reading books

It Gives You a Push to the Finish

We all have heard that books are mental food for the brain. Yet some of us struggle with sitting down and actually finishing them despite our best intentions. And if you're one of many who pick up a book but never reach the last page, book clubs can help put just enough pressure on you to finish it due to the club's reading deadline. It will help you stay on top of reading and could even help beat this habit for good.



Decreases Stress

Informality is sometimes a blessing. But book clubs aren't; they are there so you can discuss, at liberty, anything about the book; what you loved, what confused you, what plot device you thought ruined the story and much more. And because you can speak anything about the book that crosses your mind, it lessens the stress that you'll say the "wrong thing".



Gain New Friends and Get involved with the Book readers

Books have the potential to bring strangers together. By learning about their own views on the stories you read, you get a better perspective on what your club members are like and how they think. It also opens up paths for you to start a new friendship as you have things in common whether that be hating a certain character or absolutely adoring another.



Gain New Perspectives

Sometimes the pieces you read in are books you would put your nose up at or ignore on the bookshelf. By being introduced to new genres and styles, you see the perspectives of different people and different cultures. And the more perspective you gain, the more you grow.



Boosts Teamwork Skills

Book clubs are actually used in business to help workers grow closer to one another and work more efficiently. For example, Neil Blumenthal, the founder of eyeglass maker Warby Parker, explained the benefits of his company wide book clubs. He says, "From a team dynamic standpoint, it helps build stronger working relationships. It helps build trust when you create what is a safe environment to share ideas, or to debate ideas."

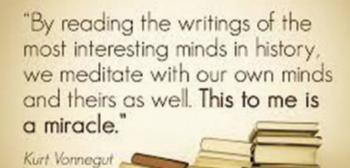


Better Your Own Writing Skills

If you are writing your own book or are interested in starting, learning how people dissect plotlines, characters, and settings in books will help you see what writing techniques work and which don't. Reading books of different genres will also let you experience different styles, which will help your writing skills in the long run.









A statue in japan! Your weight value is not the number of kilograms or size, But the number of books you read.





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